

# ACTIVITY SIGN-UP & AGE REQUIREMENTS

**You must sign-up at least the day before**, sign up binder can be found at the front desk

***Children under 13 must be supervised for all activities.***

The ages proposed act as a suggestion; please use your judgement to determine if your child will enjoy the activity - also be prepared to participate alongside your child!

## HIKING IN FAIRMONT

### Unguided

**Geary Lookout Hike** | Approx. 2 hours | Moderate/difficult

**Grasslands to Wetlands Hike** | Approx. 50 minutes | All ages | Easy

**Poet Trail** | Approx. 2 hours | All ages | Moderate

## RECREATION CENTRE

The recreation centre is open from **8AM until 10:30PM**. You can access the fitness room, the games room, the upstairs lounge and the indoor playroom during these hours.

# Activity Guide



*Sept. 25th-Sept. 29th*

## EQUIPMENT RENTALS

8AM-10.30PM

See front desk for availability of all items

Board Games - see selection in games Room and front desk

Bocce Ball - use at grassy area by Recreation Center Patio

Pickle Ball - use on the tennis court

Football - use at grassy area by Recreation Center Patio

Soccer - use at grassy area by Recreation Center Patio

Volley Ball - use at grassy area by Recreation Center Patio

Horseshoes - Located between building 200 and 300

WEEKENDS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Undecided on how to spend the weekend? check out <a href="http://www.travelcolumbiavalley.com">www.travelcolumbiavalley.com</a> for all the activities and events going on in the local area.</i></p> <p><i>Also pick up a copy of the of the Columbia valley pioneer from the local shop to keep up to date with everything going on in the valley.</i></p> <p><i>*Suggested Activities, there is no recreation team member working weekends*</i></p>	<p><b>9:00am River Stroll</b> Meet in the games room. We will head out through the neighborhood and stroll down to the river. Please wear appropriate footwear. All Ages. Approx. 1.5 hrs.</p>	<p><b>9:00am Positivity Pebble Magnets</b> Join us in the craft room. We are making Positivity Pebble Magnets. All Ages. Approx. 1.5 hrs.</p>	<p><b>9:00am Painted Rock Flower Picture</b> Join us in the craft room as we make a Painted Rock Flower Picture. All Ages Approx. 1.5 hrs.</p>	<p><b>9:00am Montezuma Hike</b> Tag along as we stroll along the Montezuma Trail. We will be observing nature and all it encompasses. Please wear appropriate walking shoes. All ages. Approx. 1.5 hrs. <i>*Weather Dependent*</i> <b>Meet at Overflow Parking at the hot springs.</b></p>	<p><b>9:30am Bottle Cap Flower Picture</b> Join us in the craft room. We will be making a Flower Picture using Bottle Caps. All Ages. Approx. 1.5 hrs.</p>
	<p><b>11:00am Pinecone Gnome Ornament</b> Join us in the craft room as we make a Pinecone Gnome Ornaments. All Ages. Approx. 1 hr.</p>	<p><b>11:00am Wooden Scarecrow Craft</b> Join us in the craft room as we make a Wooden Scarecrow Craft to take home. All Ages. Approx. 2 hrs. Max: 10</p>	<p><b>11:00am Cactus Rock Planter</b> Join us in the craft room as we make a Cactus Rock Planter. All Ages. Approx. 1.5 hrs. Max: 7</p>	<p><b>11:30am Rock Painting</b> Join us in the craft room. We will be Rock Painting. All Ages. Approx. 1.5 hrs.</p>	<p><b>11:30am Seasonal Pallet Signs</b> Join us in the craft room. We are making Seasonal Pallet Signs. All Ages. Approx. 1.5 hrs. Max: 5</p>
	<p><b>No Recreation for afternoon due to staff having an appointment.</b></p> <p><b>&gt; September 25, 2023 &gt; 18 degrees</b></p>	<p><b>1:30pm Fall Door Hanging Sign</b> Join us in the craft room as we make a Fall Door Hanging Sign. Adults Only. Approx. 1.5 hrs. Max: 4</p> <p><b>3:30pm Cards</b> Join us in the craft room. We will play a variety of cards. All Ages. Approx. 1 hr.</p> <p><b>&gt; September 26, 2023 &gt; 18 degrees</b></p>	<p><b>1:30pm Bocce</b> Meet in the games room. Head out to grassy area for a game of Bocce. All Ages. Approx. 1 hr.</p> <p><b>2:30pm Sign Making</b> Join in the craft room to make a Sign for your home. Adults Only. Approx. 1.5 hrs. Max 10 people.</p> <p><b>&gt; September 27, 2023 &gt; 16 degrees</b></p>	<p><b>1:30pm Plant Pot Gnome</b> Join us in the craft room. We will be making Plant Pot Gnome Ornaments. All Ages. Approx. 1.5 hrs. Max: 8</p> <p><b>3:30pm Mason Jar Candle Holders</b> Join us in the craft room. We will make Mason Jar Candle Holders. All Ages. Approx. 1 hr.</p> <p><b>&gt; September 28, 2023 &gt; 12 degrees</b></p>	<p><b>&gt; September 29, 2023 &gt; 13 degrees</b></p>