

# Activity Guide

## Activity Sign-Up & Age Requirement

**You must sign -up at least the day before,** sign up binder can be found at the front desk

**Children under 13 must be supervised for all activities**

The ages proposed act as a suggestion: please use your judgement to determine if your child will enjoy the activity- also be prepared to play alongside your kid!

## Recreation Center

The recreation center is open from **8AM until 10:30PM**. You can access the fitness room, games room, the upstairs lounge and the indoor playroom during these hours.



**June 1st-5th**

Equipment rentals  
8AM- 10:30PM

See front desk for availability of all items

Board Games- see selection in games room and front desk

Bocce Ball- use at grassy area by Recreation Center Patio

Pickle Ball - use on the tennis court

Football - use at grassy area by the Recreation Center Patio

Soccer - use at grassy area by the Recreation Center Patio

Volleyball - use at grassy area by Recreation Center Patio

Horseshoes- Located between building 200 and 300

# Weekends

# Monday

# Tuesday

# Wednesday

# Thursday

# Friday

Undecided on how to spend the weekend?

Check out

[www.travelcolumbiavalley.com](http://www.travelcolumbiavalley.com)

for all the activities and events going on in the local area.

Also pick up a copy of the Columbia Valley pioneer from the local shop to keep up to date with everything going on in the valley.

\*Suggested activities\*  
There is no recreation team member working weekends

## 9:00 am Yarn Pom Pom Turtles

Meet in the craft room to create your own pom pom turtle shell!

All Ages  
Approx. 1 hr.  
Max: 8 People

## 11:00 am Tin Can Painting

Meet in the craft room to paint your own flower vase.

Ages 5+  
Approx. 1.5hr.  
Max 6 People

## 1:00 pm Canvas Painting

Meet in the craft room and unleash your inner artist.

All ages  
Approx. 1.5hrs.  
Max: 8 People

## 3:00 pm Keychain Making

Join us in the craft room as we make beaded souvenirs.

Ages 5+  
Approx. 1hrs.  
Max: 8 People

**June 1, 2026**

>17° C

## 9:00 am Seashell Owls

Join us in the craft room to make fun shell owls!

Approx. 1 hr  
Ages: 5 +  
Max: 8 People

## 10:30 am Rock Painting

Art rocks! Join us in the craft room for a painting session.

All Ages.  
Approx. 1.5 hr.  
Max: 6 People

## 1:00 pm Popsicle Stick Bird House

Meet in the craft room to make colourful bird houses!

Ages: 5+  
Approx: 1.5 hr.  
Max: 7 People

## 3:00 pm Beaded Lizards

Join us in the craft room to make some fun lizards!

Approx. 1.5hr  
All Ages  
Max: 8 People

**>June 2 ,2026**

>22° C

## 9:00 am Mason Jar Painting

Meet in craft room to paint mason jars.

All ages  
Approx. 1hrs.  
Max: 6 People

## 10:30 am Wood Burning

Join us in the craft room to burn your own design onto a tree ring.

Approx. 1.5 hr.  
Ages 13+  
Max: 5 People

## 1:00 pm Fruit Fans

Join us in the craft room to create fun fruit fans!

All Ages  
Approx. 1.5hr.  
Max: 8 People

## 3:00 pm Canvas Painting

Meet in the craft room and unleash your inner artist.

All ages  
Approx. 1.5hrs.  
Max: 8 People

**>June 3, 2026**

>24° C

## 9:00 am Q-Tip Flower Painting

Meet in the craft room to paint flowers with Q-Tip's!

All Ages  
Approx. 1.5 hr.  
Max: 8 People

## 10:30 am Rock Painting

Art rocks! Join us in the craft room for a painting session.

All Ages.  
Approx. 1.5 hr.  
Max: 6 People

## 1:30 pm Chalk Art

Meet in the craft room and we will head out and enjoy playing with chalk!

Approx. 1hr.  
All Ages

## 3:00 pm Crayon Melting

Meet in craft room to melt your own crayon art!

Ages: 10 +  
Approx. 1.5 hr.  
Max: 8 People

**>June 4, 2026**

>24° C

## 9:00 am Bird House Painting

Meet in craft room to paint a bird house.

All ages  
Approx. 1.5 hr.  
Max: 6 People

## 11:00 am Beading

Meet in craft room to explore the different avenues beading offers!

Ages 5+  
Approx. 1. hr  
Max: 8 People

## 1:00 pm Origami

Meet in craft room to turn paper into animals!

All ages  
Approx. 1 hr.  
Max: 10 People

## 3:00 pm Wood Sign Painting

Meet in craft room to make your fun wood sign!

Approx. 1.5 hr.  
Ages: 5+  
Max: 5 People

**>June 5, 2026**

>20° C